

A Technical Deep Dive into Tithi Calculation and Lunar Chronometry in Vedic Astronomy

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The Fundamentals of Vedic Chronometry: Defining the Tithi

In the domain of ancient Indian astronomy and timekeeping, the concept of a **Tithi** represents a sophisticated understanding of celestial mechanics. Unlike the Gregorian calendar, which relies on the solar cycle for day-to-day dating, the Hindu calendar—or **Panchanga**—utilizes a lunisolar framework. A Tithi is technically defined as the time duration in which the angular distance between the Moon and the Sun increases by exactly 12 degrees. Because the velocities of both the Sun and the Moon vary due to their elliptical orbits, the duration of a Tithi is not constant; it can range from approximately 19 to 26 hours. This variability distinguishes the lunar day (Tithi) from the civil day (Vara), which is measured from sunrise to sunrise.

The importance of accurate Tithi calculation extends beyond religious observance. It is the cornerstone of **Muhurta** (electional astrology), agricultural planning, and the synchronization of festivals such as Mahashivaratri, Deepavali, and the observation of **Shraddha** (ancestral rites). Understanding the mathematical underpinnings of these calculations requires a grasp of ecliptic longitudes and the gravitational perturbations that affect lunar motion.

The Mathematical Framework of Tithi Calculation

To calculate the current Tithi at any given moment, one must determine the precise **Nirayana** (sidereal) longitudes of the Sun and the Moon. The calculation is based on the separation arc between these two luminaries. The entire 360-degree zodiac is divided into 30 Tithis, each spanning 12 degrees of separation.

The Core Formula

The standard algebraic expression for determining the Tithi is as follows:

$$\text{Tithi} = (\text{Lunar Longitude} - \text{Solar Longitude}) / 12$$

However, applying this formula requires several computational steps to handle the circular nature of the zodiac and the progression of the lunar month:

1. Calculate Longitudes: Determine the longitude of the Moon (LM) and the Sun (LS) in degrees.
2. Calculate the Difference: Subtract the Sun's longitude from the Moon's longitude ($D = LM - LS$).
3. Normalize the Result: If the result (D) is negative, add 360 to ensure the value falls within the 0-360 degree range.
4. Divide by the Constant: Divide the normalized difference by 12 ($T = D / 12$).
5. Determine the Index: The quotient's integer part plus one indicates the current Tithi number. For example, if the result is 14.2, the current Tithi is the 15th (Purnima or Amavasya depending on the Paksha).

An Illustrative Example

Suppose at a specific moment, the Moon is at 287.858 degrees and the Sun is at 333.364 degrees. The calculation proceeds as follows:

- Difference: $287.858 - 333.364 = -45.506$
- Normalizing: $-45.506 + 360 = 314.494$

- Dividing by 12: $314.494 / 12 = 26.207$
- Result: The integer part is 26. This indicates that 26 Tithis have been completed, and the current Tithi is the 27th (Dwadashi of the Krishna Paksha).

The Two Fortnights: Shukla Paksha and Krishna Paksha

A lunar month is divided into two **Pakshas**(fortnights), each containing 15 Tithis. The transition between these fortnights depends on the relative position of the Moon to the Sun.

Shukla Paksha (The Waxing Phase)

This phase begins immediately after **Amavasya** (New Moon) and culminates in **Purnima**(Full Moon). During this period, the Moon moves away from the Sun, increasing its visibility. The angular separation grows from 0 to 180 degrees. The Tithis are numbered 1 through 15, ending with the Full Moon.

Krishna Paksha (The Waning Phase)

Following Purnima, the Moon begins its journey back toward the Sun, and its visible surface diminishes. This phase spans an angular separation of 180 to 360 degrees. The 15th Tithi of this fortnight is Amavasya, representing the completion of the lunar month.

Table 1: Nomenclature of Tithis

Tithi Number	Name (Shukla/Krishna)	Angular Separation (Degrees)	Ruling Deity (Traditional)
1	Pratipada	0 - 12	Agni
2	Dwitiya	12 - 24	Brahma
3	Tritiya	24 - 36	Gauri
4	Chaturthi	36 - 48	Ganesha
5	Panchami	48 - 60	Sarpas (Nagas)
6	Shasthi	60 - 72	Kartikeya
7	Saptami	72 - 84	Surya
8	Ashtami	84 - 96	Shiva
9	Navami	96 - 108	Durga
10	Dashami	108 - 120	Yama
11	Ekadashi	120 - 132	Vishnu
12	Dwadashi	132 - 144	Vishnu (Sun/Adityas)
13	Trayodashi	144 - 156	Kamadeva
14	Chaturdashi	156 - 168	Shiva
15/30	Purnima / Amavasya	168 - 180 / 348 - 360	Moon / Pitris

Technical Anomalies: Tithi Kshaya and Tithi Vriddhi

In the Hindu chronological system, a day is typically defined by the Tithi prevailing at **Sunrise (Udaya Tithi)**. However, because a Tithi's duration is shorter or longer than the 24-hour solar day, two interesting phenomena occur: **Tithi Kshaya** (Elimination) and **Tithi Vriddhi** (Extension).

Tithi Kshaya (Skipped Tithi)

If a Tithi starts just after sunrise and ends just before the next sunrise, it does not "touch" any sunrise. In the civil calendar, this Tithi is considered "lost" or skipped. Astronomically, it means the Moon's velocity was high enough to cover the 12-degree arc entirely between two consecutive sunrises.

Tithi Vriddhi (Repeated Tithi)

Conversely, if a Tithi starts just before a sunrise and continues through the entire day and the following sunrise, that Tithi is counted twice in the civil calendar. This occurs when the Moon is near its **apogee**(farthest point from Earth), where its orbital velocity is at its minimum, taking longer than 24 hours to cross the 12-degree threshold.

Impact on Religious Observances

These anomalies require precise calculation for festivals. For instance, if **Ekadashi** (the 11th Tithi) undergoes Kshaya, the fasting rules change significantly. Traditional Panchanga makers use the **Surya Siddhanta** or modern **Drigganita** (ephemeris) methods to account for these perturbations with high precision.

The Role of the Surya Siddhanta in Calculations

The *Surya Siddhanta* is one of the oldest astronomical treatises in India. It provides the trigonometric functions and longitudinal corrections (*Bijat-Samskara*) necessary to calculate the mean and true positions of the planets. While modern astronomy uses NASA's JPL ephemerides, many traditional scholars still rely on the Surya Siddhanta's algorithms for Tithi calculation.

The text introduces the concept of the **Equation of Time** and the **Equation of Center** (*Manda Phala*). These corrections account for the fact that planets do not move in perfect circles. Without these corrections, the calculated Tithi would deviate significantly from the observed lunar phase.

Comparison: Traditional Siddhanta vs. Modern Ephemeris

Feature	Surya Siddhanta Method	Modern Ephemeris (Drigganita)
Celestial Model	Geocentric with Epicycles	Heliocentric Elliptical
Lunar Equation	Manda Phala (Equation of Center)	Full Perturbation Models (Brown's Theory)
Precision	High for its era; may drift over centuries	Extremely high; accounts for minute perturbations
Application	Traditional Rituals & Muhurta	Navigation, Satellite Tracking & Modern Astrology
Ayanamsha	Fixed or Cyclic oscillation	Usually Lahiri or Krishnamurti

Field Guide: How to Calculate Tithi Manually

While software and online calculators are ubiquitous, manual calculation is a vital skill for technical writers and Vedic scholars to verify data integrity. Follow these procedural steps for a manual check:

Step 1: Obtain the Ephemeris Data

Find the daily longitude for the Sun and Moon from a reliable source (like a *Lahiri Ephemeris*) for the specific date and time of interest.

Step 2: Correct for Time Zone (IST/GMT)

Longitudes are often provided for 00:00 GMT or 05:30 IST. If the event occurs at a different time, interpolate the longitudinal movement based on the average daily motion (approx. 13.18 degrees/day for the Moon and 0.98 degrees/day for the Sun).

Step 3: Perform the Subtraction

Subtract the Sun's longitude from the Moon's. If the Moon is at 45 degrees (Taurus) and the Sun is at 10 degrees (Aries), the distance is 35 degrees.

Step 4: Analyze the Quotient

$35 / 12 = 2.91$. Since the integer is 2, the current Tithi is the 3rd Tithi (Tritiya) of the Shukla Paksha.

Case Study: The Calculation of Shraddha Tithi

The calculation of **Shraddha Tithi** (ancestral anniversary) is particularly complex because it depends on the **Aparahna Kaala**(afternoon period). Unlike many festivals that depend on the Udaya Tithi (sunrise), the Shraddha must be performed when the specific Tithi prevails during the afternoon (typically between 1:00 PM and 3:30 PM, depending on local sunset).

Problem Scenario

A person passed away on the *Navami* Tithi. In a subsequent year, Navami starts at 2:00 PM on Monday and ends at 1:30 PM on Tuesday.

- Monday: Navami prevails during the Aparahna (afternoon).
- Tuesday: Navami ends before the Aparahna starts (the Tithi prevailing in the afternoon is Dashami).

Solution:The Shraddha must be performed on Monday, even if the Sunrise Tithi for Monday was Ashtami. This highlights the technical necessity of calculating Tithi start and end times rather than just the prevailing Tithi at sunrise.

Troubleshooting Common Calculation Errors

When developing software or auditing Panchanga data, several recurring errors can compromise accuracy:

- **Incorrect Ayanamsha:** Using the wrong Ayanamsha (the difference between tropical and sidereal zodiacs) can shift the Tithi by several hours. Most Indian practitioners use the Chitra Paksha / Lahiri Ayanamsha.
- **Ignoring Geocentric Parallax:** The Moon's position can vary slightly based on the observer's location on Earth. For high-precision Tithi calculation, topocentric coordinates should ideally be used, though geocentric is standard for general Panchangas.
- **Interpolation Errors:** Assuming linear motion for the Moon between two 24-hour data points is often insufficient. Quadratic or cubic interpolation is required for accuracy within seconds.

Synthesis of Technical and Temporal Dynamics

The Tithi system is an elegant solution to the problem of mapping lunar cycles onto a solar calendar. It provides a granular, 30-part division of the lunar month that corresponds directly to the visual phases of the Moon. From a technical writing perspective, the Tithi represents a perfect case study in how mathematical models (12-degree increments) are used to standardize natural phenomena (lunar orbits).

The continued relevance of Tithi calculation in the 21st century—integrated into digital apps and satellite-based timing—demonstrates the robust nature of the Vedic astronomical framework. Whether for spiritual practice or historical research, the ability to decode the Tithi remains a fundamental skill in the study of time itself.

Tags: #Tithi Calculation #Panchanga #Vedic Astronomy #Lunar Calendar #Surya Siddhanta

